

After school at Golden

SPORTS AGILITY

Grades 1-6

Kassirer **SPORTS AGILITY** is run by Laura Kassirer, a former pro athlete and offered to you by Youth League Tennis.

Kids become better athletes as they develop & improve body control; balance, agility, quickness, explosiveness, coordination, ability to react & fitness through footwork drills, athletic movements & games.

This FUN class will help every child who plays soccer, football, basketball, field hockey, lacrosse, tennis, volleyball, track or baseball, gain confidence in their athletic abilities & play to their potential.

**Kids improve at their own level*

**Class meets in the Learning Center on Rain Days*

**Coach arrives before kids are released from school & supervises through the end of class.*

**Babysitting after class is not included & parents are charged \$1 per*



7 Tuesdays

Sept 26 - Nov 7

2:20-3:20pm

coach arrives at 2:05pm

Session fee Fee: \$110



Register online @ Kassirersports.com

Space is limited. Scholarships are offered to qualifying families

Questions: Email laura@kassirersports.com

PTA and PYLUSD does not endorse and is not affiliated with this program. Only Golden students are eligible for enrollment. All communications are to be handled directly through the vendor. NOT Golden's front office.